

## 2015 Toledo City Athletic League Track & Field Memo to Coaches (high school and 7-8 grades)

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| <b><u>HEATS MEETING:</u></b>                                   | Monday, May 11, 6:30pm at Start HS Library<br>Packet pick-up available, all coaches welcome   |
| <b><u>MEET SCHEDULE:</u></b>                                   | see complete schedules for details<br>7-8 Grade – at Start HS on Tuesday, May 12<br>Field events at 5:00pm, running events at 5:30<br>High School – at Woodward HS on Thursday, May 14<br>4x800 and field events at 2:30pm, running events at 5:00  |
| <b><u>ENTRIES:</u></b>   | on Baumspage.com, must be accurate and valid<br><b>Window is open NOW and until Monday (May 11) at 10:00am</b><br>Coaches can enter 7-8 grade under MS TCAL conference meet.<br>High School coaches can enter under “League/Conferences TCAL”<br>Two entries per individual event, one entry per relay event<br><b>Change/scratch window open until 10:00am on meet day</b> |
| <b><u>ELIGIBILITY LIST:</u></b>                                | Must be forwarded to Athletic Office by Monday  |
| <b><u>OFFICIALS:</u></b>                                       | Head Referee: Richard Taylor<br>Head Field Judge: Diane McClellan<br>Head Starter: Dave Miller<br>Head Scorer: Fred Atkins  |
| <b><u>TEAM ENTRANCE:</u></b>                                   | At Start (Tuesday): main gate, bus parking in main front lot<br>At Woodward (Thursday): bus drop off from Central Ave at gate near high jump/bullpen, bus parking at Manhattan Plaza (will be radioed for pickup)   |
| <b><u>PASS LIST:</u></b>                                       | 1 head coach and 3 assistant coaches ONLY will be allowed entrance at main gate as submitted (if attending heats meeting, to meet manager Jesse Squire) by each school prior to meet. Also include athletic director and principal.   |
| <b><u>TEAM CAMPS:</u></b>                                      | On backstretch at both Start and Woodward, space on homestretch is limited  |
| <b><u>STARTING HEIGHTS:</u></b><br><i>high jump/pole vault</i> | To be determined by Games Committee at Heats Meeting  |
| <b><u>FIELD EVENT FORMAT:</u></b>                              | Long jump: open pit<br>7-8 grade long jump/shot/discus: 4 attempts (no finals)<br>High school long jump/shot/discus: to be determined by Games Committee at Heats Meeting   |

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| <b><u>DISC/SHOT WEIGH IN:</u></b> | At Start (Tues), in green storage shed near shot put<br>At Woodward (Thurs), near shot put<br>Implements will not be provided, are not required to be shared, but MUST remain in throwing area until ALL competition has been completed  |
| <b><u>ATHLETE CHECK-IN:</u></b>   | Field event athletes should check in at their event.<br>Running event athletes should check in to the clerk at the “bull pen” area behind the 100 meter start line, except for 200 and 300 meter races when they will check in with the clerk at the start line.   |
| <b><u>RELAY CARDS:</u></b>        | Turn in to clerk   |
| <b><u>HIP NUMBERS:</u></b>        | Will be assigned by clerk  |
| <b><u>INCLEMENT WEATHER:</u></b>  | An announcement will be made if inclement weather requires evacuating the stadium<br>All coaches are to enter gym and monitor athletes<br>If tornado warning sounds, must follow drill guidelines  |
| <b><u>ELECTRONIC DEVICES:</u></b> | Cell phones, Ipads, etc, banned during competition   |
| <b><u>AWARDS:</u></b>             | Immediately after each event   |
| <b><u>SCORING:</u></b>            | Six places, 10-8-6-4-2-1   |
| <b><u>APPROVED AREAS:</u></b>     | Coaches, parents, spectators, and athletes not currently competing are to be in the bleachers<br>No warm-ups/cool-downs on the field<br>FIELD EVENTS: viewing area will be provided—ONLY COACH with proper color wrist band will be allowed. Failure to do so will result in disqualification per state rules.<br>Athletes may walk over to coach. It is your responsibility for you assistants to be aware of these regulations.  |
| <b><u>UNIFORM RULES:</u></b>      | NFHS uniform rules will be followed.<br>Team members shall wear the school issued uniform and wear as intended by the manufacturer. The waist band of a competitor’s shorts shall be worn above the hips. The jersey must be tucked into the shorts (if it comes out during competition, this is not a disqualifying offense). Visible garments worn under the uniform must be unadorned, except for the manufacturer’s logo (one) and a single color. For relay teams, all visible undergarments must be of the same color. |
| <b><u>EXCUSED ATHLETES:</u></b>   | No athlete should check out until after the SECOND CALL for that event has been made. The athlete should report back IMMEDIATELY at the conclusion of the event. The event judge will grant the athlete a “rest period”.   |
| <b><u>TRAINERS:</u></b>           | Will be available  |
| <b><u>QUESTIONS:</u></b>          | Contact meet director Jesse Squire at <a href="mailto:jsquire@tps.org">jsquire@tps.org</a> or 419-494-6862   |

